

afn kltef k;kf6gsf nflu ; dlkt

बाल उद्यान

cwj flif\$ klqs f

jifM\$

cs M@

8L; Da/ @ @)





၂၀၂၀ ခုနှစ် ကျောင်းကြို စာမေးပွဲ





; Dkfs lo

; Nfxsf/
g/ 8ufh
; G/fd 8ufh

; Dkfs
lr/LshL 8ufh

z4fzL4 -gkfnL
chg k; fb kf8h

; Dkfbg ; xofhL
ofh |>7
1fgeQmdxhg

sfgL; Nfxsf/
sfofuj b dxhg

dbQf
kz lqmzg

k\$fsz
n"lgefMafn; /f\$ / ; d\$
; * !, nlntk/
kfa-g* (% 0-k; E @!&
sf7d8f-
kff; gM%(@)%S, %%(!\$@
kmfS; M%(!#@
QfhMnfo@loonivachild.org.np

k\$fgz ; xofh
OG/k8of, lkgNof08
lkgNof08 lj b\$ d\$ano

lj Bfno / lj Bfyk lrs f|vf8n

sf/fgn]lj Bfno / lj Bfyk lrs lj efhg ul/lbPsf] 5 . lj Bfyk{ca slxn]lj Bfno vNnf < cfkngf ; fyL; uL; t slxn]e\$ ug{kfOPnf < To; h/L lzIfs; F s; /L e\$g kfOPnf < lj Bfnod}uP/ slxn]k9g kfpq]xfhf < eg] ps; ds; ePsf] blvG .

o; hf0; Daffvg ug{lj Bfno lzIf j zfvaf6 z? e0{r}df clGd k/Ifsf dfWdaf6 sIf pGlt ug{Joj:yf /x\$]5 . t/ zHfs jif{@} && sf] clGd ; dodf lj ZjJokL?kdf sf]f\$fsf]; d:of z? eP kl5 zHfs jif{@} && kToIf ?kdf kefij t eP/ cfh sl/a ; ft, cf7 dxgf nueu v] u0; s\$] 5 . lgs}nlDaPsf]lj Bfno aGsf sf/Of lj Bfyk? l; sf0df lgs}k5fl8 kl//x\$] 5g\ aGfaGlsf sf/Of k7g kf7gnf0; xHs/Of ug{; ls/x\$]cj:yf 5g . ; fdllhs b/Lsfod u/Lj Bfnof?n]kf7ok'ts lj t/Of ug{sfo{u/}t/ ; a\$]kxF eg]kug . slt lj Bfyk{sf7d8f}afx/ uPsf 5g\ slt lj Bfnof] kxFef afx/ /x\$] 5g . h; n]jubf{egf{cgnf0g sIf, /8of]sfoqnd, 6]hlehg sfoqnd, ; fgf]; fgf] ; d\$df zHfs ; xHs/Of ug{h:tf lj leG cleofgsf ?kdf cuf8 a9bf klg ; /sf/n]vf; }lzIf Ifqdf ; fh:tf]kult xg ; s\$]5g .

To; h/L lj Bfyk?n]klg ; fh:tf]k9f0df ; lqm ?kn]; xefule0{cWog ug{kfpq ; s\$]cj:yf 5g . oxLzHfs kOfnlsf]sfof{ojgsf]bf]fgdf cgsf]lj j fb ePsf]blvG . h:t}clxn] Dd cfPsf lgb]zsf?n]of]sle8 ! (sf] dxdf/Inf0{sd



cfEng tyf ; /Iffnf0{lkntnf]tyf tof/llagf cfPsf]eG]sltko lzIfflj b\tyf
 lj 1x?n].hlj g /x]; ÷f/ blvGÜ .clgsfndf j lpmhflfpgÜ .dxdf/Ldf hlp hflfpgÜ
 eG]xNnf rnfPsf]; lgG . st}t}lj Bfno ; ~rfng ubf{klg lhNnf kzf; g /
 :yfglo txn]lj Bfno aG ug{lgbZg hf/Lu/}f]; Gdf cfPsf]5 .

o; n]ubf{klg lj Bfyk/ lj Bfnosf]ldng kgMayfng ; S5 . o:t}df olg; kmf]
 kl}tjhg cg; f/ cxn]klg !)^ dhxdf lj Bfno vNg ; s}f 5gg\ % j 6f dh}sx?n]
 o; sf]lhDdf :yfglo ; /sf/nf0{lp klg st}aG t st}vh}sf]cj:yf 5 . \$* j 6f
 dh}sn]cfjZos ; fj wglSf ; fy lj Bfnox? Vln; s}f]cj:yf 5 . sltko lj sl; t
 bZdf aG ul/Psf lj Bfnon] cgnf0g sIff? z? u/}f] klg blvG .
 o; /Lnfd]; do; Dd lj Bfno aG x}f lj Bfyk?df lj leG ; d:of byf kg}l:ylt 5 .
 olg; km]elg; Sof]ls ns8fpgsf]sf/On]lj Zjdf sl/j ! s/} ojf tyf afnafnsf?n]
 k9f0{5f}b5g\ lj BfyI}f]; Iks}f olb sf}LzI}fs xgxG eg]pxf?nf0{hfgsf/L
 x}nf, sIff ^, & blv sIff !!, !@ ; Dd cWog ug]slt lj Bfyk]pd] gk}b}k9f0{
 5f8} oXldf}fdf r}f} xfg}f]blvG .

sltko afnafnsf? dgf]fuLePsf 5g\eg]sltko 3/d}lj leG lx}fsf lzsf/
 ePsf 5g\ sltko u/la / sk}f0{sf]lzs/ ePsf 5g\ o:t]cj:yfd c? s}L
 ug{g; s]klg lzI}fsx?n]c}k}f]eldsf c}k}v}L; dhdf sf]f}f]j?4 r}tgf a9fpg]
 sfd ug}k}blvG . o; w/L; /sf/n]klg ; a}hgtfnf0{lj Zj f; lbnfpg]s}ddf klg
 cu; / x}kg}blvG . clg dfq ; dhn]; xLlbzdf ks8g ; S5 .

o; /Llj Bfyk?n]klg c}k}h]hfga}nf s/}x?nf0{; fy}x?dfemc}bfg k}f]g ug]/
 c}k}h]a}nf s/}nf0{; dhdf klg a}nfpg]sfo{ug}k}blvG . o; /Lc}k}h}0{k/}f
 ; d:ofnf0{s; } F 5nkm j f /fo; e}f] c}bfgk}f]g ul/Pg eg]To; n]7hf]; d:ofs]
 ?k lng ; S5 . ToxLeP/ e/; s c}k}h]lj Zj fl; nf]; fyL clef]s, lzI}fs, cleofgstf]
 j f c}k}t}df c}k}h}0{k/}f]; d:ofdfly 5nkm ug]afgLa; fl}k}b5 . k9f0{sf nflu
 klg c}k}h]3/df :j MWog ug]afgI}sf]lj sf; ug] c}k}h]ga}nf c}k}h}0{hfG]
 a}nf] F l; Sg]j f c}k}f lzI}fs; F ; Iks}f u0{ghfg}f s/f l; Sg]/ c}k}h]l; s}f
 s/f c}k}h}0{; fgfnf0{l; sfpg]/ c}o lqmf}snk h:t}Mzfl//Is Jofofd, ; /; k}f0{
 Wfg ug] gof}fgo}f}stfa k9g]c}bLsfo}f c}k}h}0{Jo:t ug}k}b5 . clg dfq o;
 dxdf/Isf lardf klg lj Bfyk]hlj gsf]; lx ; bkof}u xg ; Sb5 .

ljifo-; rL

ljifo	kh g#	ljifo	kh g#
b] s df/Lyfkf -hlj gL	%	s f]fgf -slj tf_	#%
d / d]f]ufpFnÿ_	&	Spot the difference	#^
xfd]j; #s]t -nÿ_	*	Winter Word Puzzle	#&
k'; }zIt d}zIt -syf_	(s f]fgf ef0/; -slj tf_	#*
kÿj kdf ; a}s 6 -nÿ_	!@	How to draw Frog	#(
?v / d}G5]-syf_	!%	afn clws f/ Û -slj tf_	\$)
uffvfg]syf	!*	s g Aj fFn]lhTnf < -syf_	\$!
Art Gallery	@!	Hidden Picture	\$@
k]ms f]/hf -syf_	@%	lrqdf ; xfpbf]/u e/	#\$
s f]fgf s f]8/ -slj tf_	@(afbf]kQf nufp	\$\$
ns 8fpg -slj tf_	#)		
c; n lj Bfyk-slj tf_	#!		
d]f]b} -slj tf_	#@		
hft hftdf e]efj -slj tf_	##		
5fpk8Lkyf -slj tf_	#\$		

k\$ flzt ; fdulaf/M
 n"lgefMafn ; /f]sf/ ; d]xn]lgoldt k\$ flzt ub] cfPsf] cw{j flif\$
 afnklqs f .afn pBfg]df k\$ flzt nÿ /rgf tyf l; hgfx? s; h]cf^gf]
 gfd /fv L k7fpdf k7fpg] :j od\ g]lhDdj f/ xg' kg] ; lrt ub5ff.
 ; Dkfbg d08n, afn pBfg klqs f



b} s'df/Lyfkf

c; n aGg x} nf lbg|JolQmf0{k|s JolStTj
elgG . xfdLx} nf kfP/ g}c; n aGg
kφTg u5f/ cfjZos s/f l; S5f: xfd
cfdfaafn]vfg, lx8g, k9g'sf nflu x} nf
lbg'eof]. To; h|xfdLoLsddf ; Ifd ePsf
xf



o:t}lZIfs, ; fyL ckrftx?n|klg x} nf
lbg|ub5g\ . ljZj df ; dfh, ; flxTo /
lzIfsf Ifx? w}|kmlsnf 5g\ ToxfDd
ku/ ; ahf0{c; n s'ddf x} nf lbg|
JolQm? eglyf}xGg\ o:tf k|s JolQm} df
b} s'df/Lyfkfs]gfd w}|cuf8 cfp5 .
pgLgkfnL; flxTo, ; dfh / lzIfsf]j sf; df
; ahf0{x} nf lbg|k|s JolQmxg\

b} s'df/Lyfkfs]hGd ef/tsf]bflh^a IfqCtu{ v/; f^adf ePsf]xf]. pgLlj = ≠
!(*% j zfv @ ut]hGd\$Ly0g\ pgL dftf /dfb]L/ lktf x:taxfb/ s6j fnsL
sfG5L 5f/Lxg\ pgsf kltsf]gfd aa/l; * ykf x}. pgL; fgb]v kltefzfnL
ly0g\ pgLlj Bfyl\$fnf ; w}kyd xlGyg\ pgn|kj]zsf pQlQ{u/L:j f:Yo Ifqdf
l8kfn]df u/\$Ly0g\ pgLlj j fx kl5 lj = ≠@)@@ df gkfn cf0g\ lj leG Ifqdf
sfd ug{; ? ul/g\ b} s'df/Lyfkfn]afnafnsfx? g}b}zsf eljio lgdftf{xg\ eG]
w/Off /flVyg\ afnafnsfx?nf0{g}c; n / lzIf ft kfg{; flxTo /rgfdf nfluG\
To; /Lg]afnafnsfx?sf]rfkml]j sf; ug{afn ; :yf vfhL; dfh; j fdf ; dlk{
e0g\ pgsf]lj rf/df dfg; sf]dVo st]o ; j f x}. ; ahf0{; j fdf k]Off lbg pgn]
k/:sf/sf]klg Joj :yf ul/g\ pgLcfhlj g ; j fdf kdfn encl8u agL; a\$]k]Offsf]
; ft algg\

afn ; flxTodf b} s'df/Lyfkfs]lj lzi6 :yfg 5 . pgn]gkfnL; flxTodf afn ; flxTosf
w}|stfax? nyl\$5g\ pgsf afnsyf 5ff / ld7f 5g\ Itgdf afnsx?sf]:efj,



?lr / afgLJoxf]fsf]lrqOf ul/Psf]5 . afn dgf]j 1fg eg\$]afnssf]leqLdgsf] s/f aem] To; nfo{k}tt ug{xf].

afns dgsf]k}tt ePsf sf/Of pgsf syfnf{afn dgf] j]lgs syf elgG . pgn] afnssf]cG/dgdf kuLsyfx? ny\$L5g\ To; h]pgInf{afn dgf] j]lgs syfsf/ elgG . pgdf c; n jftj/Of / ; sf/fds ; Gzn]g}afnafnsfx?sf]; G/ elj io lgdfOf ug{; lsG eG]ljZjf; lyof]. pgsf afn ; flxTo; DalGw /rgfx? w}5g\ .kOofdf cdfU .fdsf]syfU .syfs]a6hfU .kpo kt}IfU .6k/U .efst}tU .bj sdf/L ykfsf kltlgw syfx?Ucflb pgsf ; flxTo; /rgfx? xg\

pgL ; Dkbs /xLk\$fg ePsf].xdfn lszf]Ukxnf]gkfnL afnklqsx xf]. pgn] afnafnsfx?sf dgsf efj gf aem] afn klqsfnf{lg}/frs agfpg]kOfg ul/g\ pgsf /rgfx?df /fibe]stsf]; Gz klg kfOG . pgs}k}Ofn]gkfnL ; flxTo / afn ; flxTo nygdf w}h]kjz u/].

cgisf uf]j

sIf M*

lj BfnoM>Lkf dxG|df=j=

dxsfn uf]klnsf j 8f g^, 7hbnh





d / dʃ / uʃ

; fg]Pp6f sNkgf ug{nfos / ; G/ rf/t/ xl/ofnL; dw/ u/Lafln/x\$fr/fr?^u\sf] cfj fh cf0/x\$]Pp6f gkfnsf]luDlyDsLeG]ufpF . hxfid a:5' . of]ufpFf w} hfthtsf]a:g]a; f;f; /x\$]5 . of]ufpFf dfG? Ps cik; df cknid/] ePkg c?nf0{v; L/ ; vLagfpFg\

; fdllhs tyf 3/h'sfddf dfq)ge0 ; ah]ckngf/ csf\$]af/df klg ; f]g]u5g\ uf]ufpFf dfg; x? g/d / ld7f]af]Laf]5g\ clg ; /n / :jR5 efj gf /fV5g\ ; ah bM u/] xft / kfpsf]bz g^au] lvoP/ sdf0 vP/ uh/f u5g\ pgIx? slxn] s; \$]s'ensf]lrtfpFgg\ Ps 5fs vfGg\lge/ sfd g]u5g\ 6fn\$]nufpFg\ l; :gf/ l98f]; Gf]in]vfGg\ pgIx? bMsf]sg}vf /fv}gg\ uj {nfb dnf0{d / d]f]ufpF, Denh . lsgls ; a}; Gf]in]sdfP/ vfGg\ ; Gf]6LlnGg\

d]f]ufpFf]dfG]w}}hffl/nf 5g\ laxfgsf]pbfpF]; ö\$]ls/Of; f}vt]kftldf lg:sGg\ clg lbge/ rsf]3fd, bs{kfgLgegLh]vd dh] sfd u5g\ T; h] t uj {5 dnf0{d]f]ufpFt .

; l:dtf a:g]t
 sIf M)
 >Lgf/fo0Ldf= lj=
 AfudtL& luDlyDsL, nlnk/





xdfj]; #s [t

; #s[t dfg; sf]; fdlxs hlj gzpLxf]. ; #s[tn]sg}/fi6<hft j f ; dbfosf]; fdlhs hlj g, cfly\$ Joj:yf, /fhgllts rfnrng, vfglkg, klx/g, lrGtg, cflb cg\$g s/fnf0{hgfpF .

To:t}efiff ; flxTo, wd{ snf bzg, rf8kj{ k/Dk/f cflbsf]; dli6 gfd g}; #s[t xf]. ; #s[tn]sg}/fi6<hft j f ; dbfosf dfg; sf vfg]tl/sf, a[lg]tl/sf ; [lg] tl/sf, a:g]tl/sf cflbnf0{; dt hgfpF . sg}; dosf]; dhnn]Tolt ahfsf]; fdlhs cfjZostsf nflu agfPsf]cfrf/ Joj xf/ j f lqmsnfkn]lg/Gt/tf kfPk5 Tof] ; #s[t aG5 . ; #s[t sgklg /fi6<hft hft j f ; dbfonf0{lrghpg]dVo cfwf/ xf]. ; #s[t ; dhnf0{Pstfj C ug]Pp6f s8Lklg xf]. JolStut ?kdf dfg; leGg ePklg ; #s[ts ?kdf Tof]Pp6f ; dbfo j f /fi6sf c^usf ?kdf /x\$fxG5 .

; #s[t cfrf/; ktf klg xf]. ; #s[ts cfrf/; ktf kngf u/fpgsf lglDt wdhf0{ ; #s[t; F Psfsf/ u/fOGyf]. clxn]klg wd{; #s[t eg] ltgnf0{cleGg cu dfgG5 . t/ wd{/ ; #s[t Pp6}eg]x[gg\ wd{dhtMxj/, ; ju,fg/s cflb ljZj ; F ; DalGwt xG5\ ; #s[t eg\$]dfg; sf]cfrf/ Joj xf/; F ; DalGwt xG5\ wd{; #s[tsf] Pp6f cu xg ; S5 . hlt ahf j]lfgs lrGtgsf]lj sf; ePsf]lyPg Tolt ahf o; f] u/]wd{xG5, To; f]u/]kfk nf5 eg\$]cfwf/df dfg; x? sg}; #s[tsf]cg' /Of uy]. gkfn ; #s[ts b[6n]; dE 5 .

k\$[tnf0{kfh ug{cf'g}k\$]/sf]d[ns k/Dk/f 5 . of]k/Dk/f lxdfndf ; dt nf\$ko e0; s\$]5 . klxn]klxn]t/f0df a6j fn] lztntf kcf] \eg] lkkn /fLlbg.] rtf/f agf0lbg]/ af; a:gsf]nflu kf6L/ kf]f agf0lbg]rng sfod lyof/ cemklg 5 . ; ah]; Ddfgk}\$ a[eg kfg.] /dfpg kfg.] a[eg kfg.]h:tf sf0?sf]cgz/Of ub{ ; #s[tsf]/lf ug{cfhsf]lgtfG cfjZostf xf]eG ; lsG5 .



lsdnf e[ffj



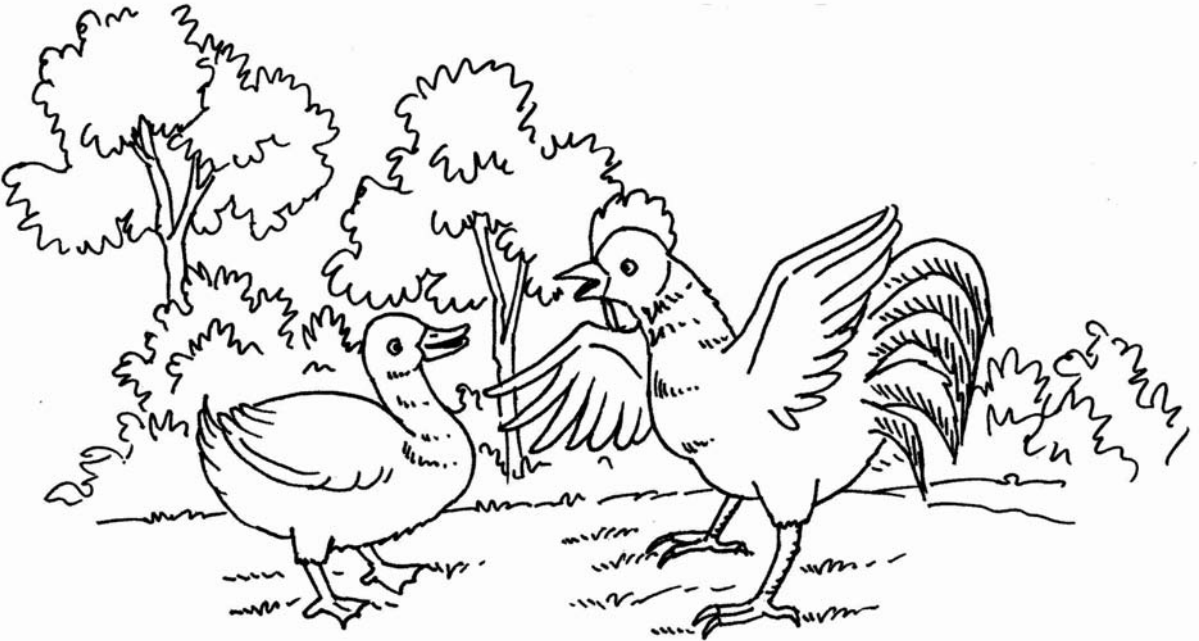
k; }zIt df3}zIt

Jfgsf]/df0{fhf0{hf8fh]sqns kf/lbPsf]lyof]. o; f]3fd nlf; ; fy r/fr?^uX?
vnh 7ff vly]/ kxf/ tly].

k;]emk/Lcfsz aN 5d^u ePsf]lyof]. 3fd ev{ enSsf]lyof]. zIt n6/Dd}
lyof]. ; dxaf6 5l6Psf]efn]em^af6 kqSs uf/6ff emf]. p; n]kv6f km6km6
kf/] h]Psf]kfgLemf]. ghs}v66f prfn] lgbf0{x\$]xfFsf cFf vh]. cxf]
3fd nflu; s\$ eG}x:of^kmof^ ub}pmlg sv'/fsf]efng] kbf]. Efn]sv'/fn]
af;] :j fut uYf].

3fFkt / :ofpnf zIt n]nkS}lyof]. cfe]gf]st}ly0g . 3fdfs]tftfhf0{klg
zIt n]vKsS vPh:tf]nfUof]. hf8f]/ zItafx\$ s'/f ug]csf]s'/f g}ly0g .

s'/f ; ? ub}sv'/fn]eGf] ...:aeGf a9LzIt t k; d}k5{. x], slt afSnf]zIt ũ
xfFn]eGf] ..of]zIt klg s]zIt < df3df eng\s:tf]afSnf]zIt k5{. Itldnf0{
yfx}/g5 ũ





sv/f]e?/{p8] ?vsf]emDd k/\$f]x]f]df a:of]. zIt a//{em}of]. sv/fn]klxn\$} 7f]df a:b}eGof] ..o; eGof klg a9LzIt sx]k5{<U

..k5{lg . df3df k5{U}f]n]; xh ?kdf eGof]. sv/fnf0{; f}/; p7df]. p; n] eGof]..; ah]k'; df a9LzIt k5{eGg\ tF]x]Hsg lgxFv]f]5; \xF<U

..tHg tF tHsg lgxFv]f]5; \lg < jf:tj df df3df g}a9LzIt k5{. of]; ahf0{ yxf] ePs}s/f xf]. U}f]n]eGof].

x]F / sv/fdf nfd]l]j fb k}of]. 3fd d]fydf]y cf]of]. clncln Gof]g]xg n]f]of]. k]f] klg ba}h]cfc]k]n]f]c8fg 5f8]g\ cGdf ba}cu]f]8 a9b}hfg]/ cu]f]8 a9b} h]f]f] hf]klxn]e]G5 . p; j; t o; af/]; f]g]lgw]u/]. To; /Lklxn]e]Ggh]eg\$]f] s/f ba}hf0{df]G xg]; x]lt klg eof].

d}h]T5; d}h]T5' eG}ba}cu]f]8 a9].

hf8fn]s7df^a]u]Psf]sfu n's] ; a x]/x\$]f]lyof]. ; a ; lg/x\$]f]lyof]. pmklg n's]n's]Lklg n]f]of].

sv/f / x]F ot]p]lt x]f]cl]u a9b}u]P . clns k/ k]Uf uf]f]f]f] 6q]is a; j k]xf/ t]f]k/x\$]f]Pp6f :ofnn]f0{ltg]x?n]b]y]. :ofnn]klg ltg]x?nf0{b]v]of]. :ofnn]l]he]f]n] cf]7 rf6df]. x]F / sv/f]e?/{-Fof//{p8] ?vsf PsPs 8fn]df uP/ a;]. :ofnn] ss]cf]f]n]ltg]x?nf0{x}of]. sfu klg Toxf]n's]n's]Lklu; s\$]f]lyof].

x]F / sv/fn]Psc]f]k; df d]v]d]v u/]clg sv/fn]n]h]f]tfg/ :ofnl; t ; f]v]of] :ofnb]f]0{ df3df a9LzIt k5{ls k'; df a9LzIt k5{< U

:ofnn]cf]k]m]czQmePs]f]:j^a]ub]eGof] ..xF s]eGof}< g8/fpm g8/fpm. clns glhs cfP/ eg t . d a9f]e0; s]Hg U

pg]x?nf0{sfd lng lyof]. ?vaf6 uf]f]f]f] em] :ofns]f]glhs}ku]clg x]F]n]r]rf] 78dfP/ ; f]v]of] ...:ofn bf0{ df3df a9LzIt k5{ls k'; df a9LzIt k5{< U

!)



syf

:ofnn]p; u/Lknl ckrnczQmePsf]/ 6f9faf6 afh\$fi; Uf klg g; G]s/f JoQm
uYof]. bahf0{:ofnsf]egf0{kTof/ nlf0f]knl klg Pspd}glhs u0k]v eg]; sgg\
b0{ldg\$sf]b/ldf kukl5 sv/fn]rsf]:j/n]; fVof] ...:ofn bf0{ df3df a9LzIt
k5{ls k'; df a9LzIt k5{< U

:ofn cenklg crn al; /xof]. p; n]knl eGof] ...afaxf] dl; t slt klg 8/fgkb
s]. d a9f]e0{ s\$fi5'. l; sf/df hfg klg 5f8F hfg klg ; lQmE ca t c?sf]
; jf ug{g}d/f]dVo sfd xf]. dnf0{: jf ug{cj; / bcf]. eg, s]; fVg rfxGf}<
bah]PSS}f\$LPsPs sfgdf rsf]:j/n]s/fP/ eg t . d aem'. clg Pp6f sfgdf
xfFn]/ csf]sfgdf sv/fn]3fL tGsfP/ Ps ; fy ; fV]:ofn bf0{ df3df a9L
zIt k5{ls k'; df a9LzIt k5{<U

:ofn a8f]rgfvf]eof]. p; n]knl ; fy .k'; }zIt - df3}zIt- oq}; tUeG}Ps
xftn]xfFnf0{/ csf]xftn]sv/fnf0{fokem ; dfg v]bf] t/ 7ls Tbtv}]nsInSL
cfPsf]sfun]:ofnsf 6fpsdf rRrfn 6j]Ss 7aof]. crfgssf]7f0n]/GylgP/
:ofn n'; Ss enBIt/ enbf].

sv/f / xfFn]nfd]; f; knl]/ e?/{p8}. pgIx? ?vsf]8fnldf uP/ a;]. sfu
klg ToxIRyof]. Itlgx?n]sfunf0{wGjfb lbP . clg Itlgx? /df0{df0{3fd tfg
yfn].

zIt cenclfo{ s\$fi]y0g .



!!

कवि लक्ष्मी ; अक्षर 6

कवि लक्ष्मी ; अक्षर 6 ; लेखक : श्री .

कवि लक्ष्मी ; अक्षर 6 दक्षिण/पश्चिम, चर्चा
 7। 8। 9। 10। 11। 12। 13। 14। 15। 16। 17। 18। 19। 20। 21। 22। 23। 24। 25। 26। 27। 28। 29। 30। 31। 32। 33। 34। 35। 36। 37। 38। 39। 40। 41। 42। 43। 44। 45। 46। 47। 48। 49। 50। 51। 52। 53। 54। 55। 56। 57। 58। 59। 60। 61। 62। 63। 64। 65। 66। 67। 68। 69। 70। 71। 72। 73। 74। 75। 76। 77। 78। 79। 80। 81। 82। 83। 84। 85। 86। 87। 88। 89। 90। 91। 92। 93। 94। 95। 96। 97। 98। 99। 100।



of]tL; jif\$]alrdf lj 1fgn]lgs}pCgt u/\$f]lyof] gkfnf klg wj}kl/j tG
 cf0; s\$f]lyof]. t/ klg !(((&X || gdfs]Tof]lzzux kVj ldf cfP/ 7f]Ssg ; Sg]
 ; do 5 lbg dfq afLxhf klg pQd pkfo kQf nlg ; s\$f]lyPg .

acf]xf] s]ug{< chsf]5 lbgkl5 cG/ff60 ; docg; f/ |; f9]5 ah]of]vt/f
 ; aPcf rsf]xg\$. ch ; g\@)* sf]cS6f/ @) tl/v . @^ tl/vdf Tof]ux
 ; aPcf glhs cfpf 7f]Ssg]8/ 5 . s; /Larfpg]kVj Inf0{ælj gos]dgdf oxL
 kZg cf0/x\$f]lyof].

pmrlGt xgdf ergVhf]sf/Of lyof]ux gkfn}dWefudf v:g]; Defj gf lyof]. wj}
 jif{cufl8 dfq}ux 7f]SsP/ 8f0gf] / nfk ePsf lyP . clxn]gkfn / gkfnL
 hft g}nfk xg]t xfg < ; lDef klg p; sf]hlp l; l/E u5{.

laxg p7bf klg lj gos]lbfudf oxLvt/f]af/]s/f v]n/x\$f]lyof]. pma50gfaf6
 p7df/ ; f]nsD6/lt/ nlf]. p; n]chsf]cvaf/ xg{6lnChsf]; 0{lyRf].



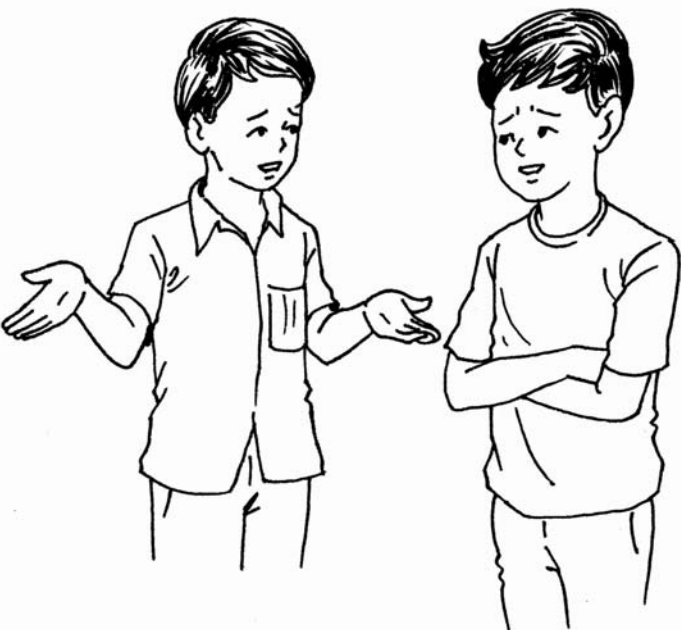
tl; jifl3sf h:tf sfuhdf 5flkPsf]cvaf/ xDnf, hDnh:tf /fdfl]j sf; ge0; s\$fl
7fpff dfq lg:sGy]. cfn sD66/sf]; O{lyr} ; #f/e/sf ; dfrf/ xg{; lsGofl.

lj gon]ToxLOn\$66gs Gohk/ 6hGohsf]sfoqndsf]; O{lyRof]. lj ifo 5fg/ kY Idf
lzzuxsf]vt/f eG]lj ifosf]va/df sfoqnd nlf]. cd]/sfsf j] fgsn]/s6 k7fP/
Tof]uxdf 7f\$sfP/ kbf0bg]ofhgfcg; f/ sfd ul//xsf lyP . To; f]ubf[k6\$fl]uxsf]
bqrf v;] klg g\$; fg kG]8/n]of]pkfo /flsPsf]/x5 . c; sg}pkfo gnfudf
dfq}o; f]ug]eG]c7f6 ul/P5 . t/ c; pkfo eg]cenkQf nfu\$fl]lyPg .

lj go p7df]. /ftL%ofnsf]pHbfnf]; L; f lj BtLo t/n]kmpPsf]/En]5\$] sf7f kbf{
nfu\$fl]h:t}cWf/f]lyof]. aflx/ b]vGyof]. p; n]sD66/sf]Pp6f ; O{lyr} Tof]
t/E x6fof]. sf7f pHbfn]eof]. sf7fsf]5taf6 kmPsf]aQlsf]pHbfnf]klg aG
%ofna6 ; x/ aflx/sf]bZo clt ; G/ b]vPsf]lyof]lj 1fgnfO{sD66/af6}; O{lyr}
; Dks{pglx; ; f}lj 1fg k9y]sD66/df lj 1fgsf]3/, sf7f / lj 1fgsf]aflg]tl:a/
plqof]

as]ul//xsf]lj 1fg ltdlnfO{lrGtf 5g kY Idfy ; a`s6 cf0; Sof]xdfn]klg t sXL
; flgkof]lg, k/g .Ælj gon]eGof]

axf] sXLt ; flg]kof]t/ s; /L
cGt/Ift/} kmsfpg] Tof]
lzzuxnfO{klg t sD66/df
pkfo v]b5'lg Uep; n]eGof]
pglx;n]; Nafx u/] sD66/
sfoqndnfO{lzzuxsf]; rgdf
ldnfP/ uxsf]b/L, ult sg
sQaf6 stf eh5 eG]tYofl
cWog u/]lj leG sfQaf6
lvlrPsf tYoflx;sf]sD66/
lj Zn]f0f u/] Ps cfk; df
5nkm klg ub}hfGy]





aj go b0{tIgj 6f zIQzfnL/s\$ lj :knf\$ u/fp/ uxnf0{bqmf kfg{afx\$ csf]pkfo dh]b]vgFÆlj 1fgn]lg/fzf eP/ eGof]

æf]lj 1fg t/ o; af6 t kYj LkYj Isf xfdLh]j nf0{7hf]gf\$; fg klg]vt/f x6b\$ lg dVo c; / gkn xfdLgknInf0{k5{o; }eP/ cGt/f6 lj 1fg ; :yfn]of]pkfonf0{ clGtd pkfo eg\$]lg Ūc; sXLgnfu]o; f]klg ug{knt{/ clxN}x/] vfg'klg t ePg ūlj gon]; Derfof].

as]ug{t, o; }al; /xg]<Æ

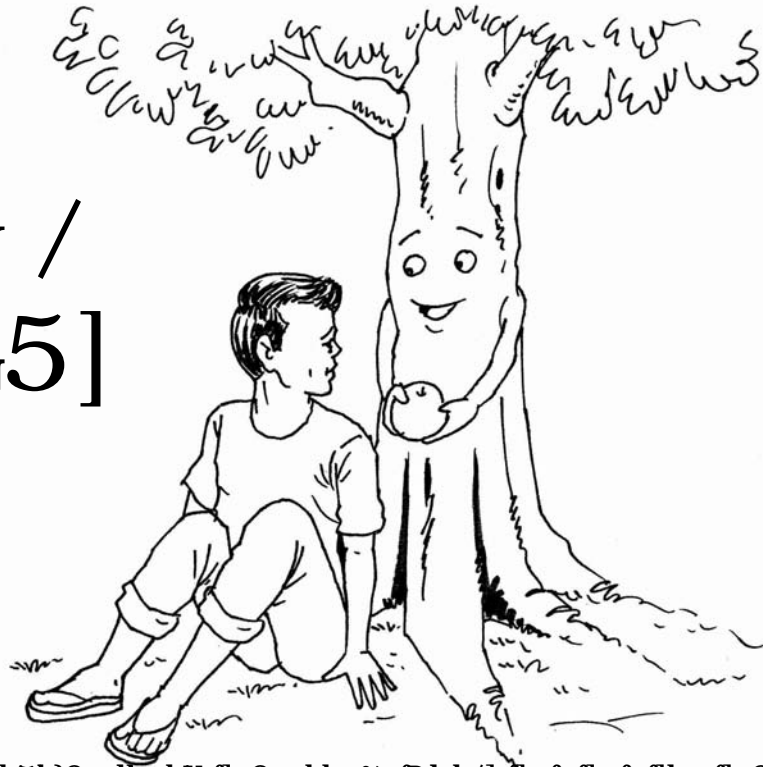
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eG]t/ rfxFv}xf] kofpg'k5{.Ælj gon]cf^gf]lj rf/ ; gfof]. æ]Is xf] ltdf] pkfo /fd]5 . o; n]uxsf]lbzf abNg ; Sg]kz:t ; Defj gf 5 . o; af6 uxsf]lbzf k'}abNg g; s]klg kYj Isf]a:tLgePsf lghg ; d>lt/ v:g ; Sg] Dd t ug{; lsPnf lg Ūlj 1fgnf0{pkfo /fd]nf]of].

pglx; n]cf^gf]Tof]pkfosf]; ĩgf k'f lj j /Of / tYofĪ; lxt sD6/af6 OG/g\$df xfn]. Tof]; ĩgf ; :f/e/ knof]. ; a}j] flgsn]To; sf]cWog u/]. kQf nfu\$]f pkfox; dW]of]g}; æGf /fd]b]vof].

ToxLbg a]sb]v lj go / lj 1fgsf]sD6/df pglx; nf0{awf0{cQ]of]. cGt/f6 j] flgs ; :yfn]pglx; nf0{wGj fbŪeG}k/ :sf/ lbg]3f]of] uof]. j] flgsx; n]oxL of]hgfcg'; f/ sfd yfn\$]klg atP . kYj Isf dflg; x; sf]lrGf x6of]. j] flgsx; of]pkfoaf6 kYj ldfly ah]g}c\$]f]; a's6 x6fpg ; lsg]s/fdf k' lj Zj:t eP . lj Zj e/ g}lj go / lj 1fgsf]gfpF, a)dflg; nf0{s07 eof].

?v / dfG5]



; fg]dfG5]kl; gf k5b}?vdlg klbf]. ?v klg %ofDd k/\$f]; fg]; fg]lyof]. ?vdf 5fofFeg]afSnf]lyof]. ?vn]xfif xNhf0]bof]. zItN xj fn]ubf{kl; gf cf]fP . p; nf0{dhf nlfbf].

pm?vdf r9of]/ xffidf en08P/ vNg ylfbf]. ?v vZLeof]. dfG5]hfg ylfbf]. ?vn]eGof] ..k] k] cfpnx}ÛxfdLdt nfpif Æ

..af0{af0{ÆdfG5]eGof].

dfG5]k] cfof]. p; n]sdnf]kft l6kf]/ ahfof] ..ltl/l==d/nLaHf]agdf==Æ ?v vZLeof]. o; nf0{grgr ffnlfbf]/ xffif tn-dfly u/] gffof]. dfG5]hf0{klg vâ /df0nf]nlfbf].

dfG5]h]l5lkPsf kft l6k] 3/df nlfbf]. kftaf6 bgf6k/Lagfof]. To; hf bneft vfof]. To]p; nf0{dl7f]nlfbf]. ?v vZLeof].

csf]lbg dfG5]ysf0{/ e\$]n]t8kb}?vdlg klbf]. ?vdf km nfu\$]lyof]. s]L km kfs\$] klg lyP . ?vn]eGof] ..s]x\$]f< cfpml6k . vfp]m c3fp]mÆ chnsIt l6k] ?dfndf kf\$]kfof]/ lx8of]. ?v vZLeof].



Pslbg dfG]vdlg klbf]. efnf]. ?vn]; fvf] ..lsg ; ~rf]ePg < Æ

..xf] dnf0{; ~rf]5g . 6fpsf]bv\$]5 . ltdln]s; /Lrfn kfof]<ÆdfG]h]eGof].

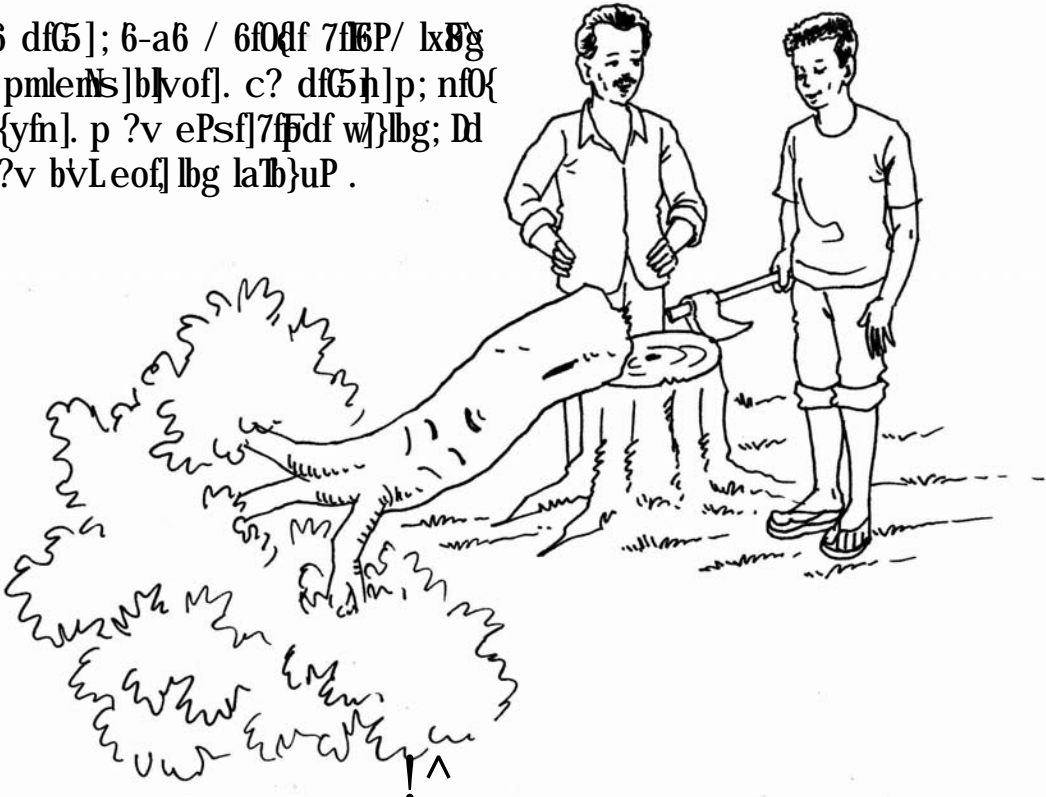
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dfG]h]To; }uof]. Ps]5gdf p; nf0{; Grf]eof]. rËf dg lnP/ dfG]lx8df]. ?v vZLeof].

csf]lbg dfG]vdlg klbf]. ?vdf r9df]. p; n]vk\$]le/\$]lyof]. vk\$]f vkf{ lyof]. p; n]vkf]x]f l5dNof]/ :ofpnf uf0{afv]nf0{vj fof]. s]L :ofpnfn]3/ 5fof]/ x]f]l]fn]3/ j]l/kl/ af/a] u/] 9Ss eof]/ ?v vZLeof].

lxp]sf]; dodf dfG]kn] ?vdlg klbf]. ; fydf cf/f / a~r/]NofPsf]lyof]. c? dfG]klg p; sf kl5kl5 cfPsf lyP . p; n]?vdfly x]of]. ?v 7hf]e0; s\$]lyof]. ?v afh]g . p; n]?vnf0{; fvf klg ; fvg . p; n]?vnf0{kn]af6 sf6g vf]hf]. ?vsf]c^ lh/Ë eof]. t/ pms]Lafhg . ?v 7hf]cfj fhsf]; fy uNf]lunh 9Nf]. p; n]?vnf0{lunh] lr]vf]/ af]P/ nbf]. ?v bvLeof].

ef]nkN6 dfG]; 6-a6 / 6f0df 7f6P/ lx8g yf]nf]. pmlen]s]b]vof]. c? dfG]h]p; nf0{ dfg ug{ym]. p ?v ePsf]7f]df w]lbg; Dd c]Pg . ?v bvLeof] lbg la]b}uP .





Pslbg dfG]kn/ ToxfUof]. pmskf]k/ \$f]lyof/ p; n]nf]6\$ \$f]lyof]. udK
 rsf]lyof]. kl; gf vn\vn\alu/x \$f]lyof]. dfG]c]f]QPsf]lyof]. 6f9f6f9f; Dd ?vx?
 lyPgg\ 5fof]HyPg . kfgLlyPg . dfG]6f]hfof]. ?vn]eGof] ..a; a; , oxL76fd}
 a; |xG .Æ dfG]ToxL76fd]fy 6q]as a:of]. p; n]; !s/f u/Lnfdf]; f; kn]of].
 ?v v'zLeof].

dfG]h]; f]of] ..ltdlnf0{ddfly l/; p7g <Æ

?vn]eGof] ..cxPp7g . l/; p7] kf]d s]ug{; S5' / < cen]klg bfp/fsf]vff]5
 eg]h/} 4 vg] nu|xG af Æ

dfG]h]eGof] ..dnf0{nlHht gtNofpmÆ

?vn]eGof] ..o; df nfh dfGkg]s]L5g . ltdlnf0{; f]r}g}?vsf]vff]5 eG]
 s/f dnf0{yxf 5 . wbf gdfg . dh]Tof]5pdf ; 6Ss alp /k \$f]5' . a? ltdL
 To; nf0{arfpm/ xsfpm ltdlnf0{kl5 sfd nlf]g\$.Æ

dfG]h]f0{olt eG kfPsf]f ?vn]v'zLdfGof].

?vn]kn/ eGof] ..dlit nfp]eg \$f]v}t <Æ

?vsf]s/f ; g] dfG]v'zLeof]. p; n]eGof] dlit lsg gnfp]g] < < nfp]Æ .Æ



; fgL gfgLsf]bfE}bfE, s]xf]<
-sf0bf]



p8Lx8g"/ftLkr5/df aQLafnL, s]xf]<
-hgls/L



; fgf]f wftL nufpg]7hf]ePkl5 ktsfN}<
hfg] s]xf]f <
- afFsf]tfd

; o ef0sf]Pp6}lrxfg, s]xf]<
- v/fgL

9dfk kf0nf Nbfk sfg, b0lt/ kr5/ w/}<
vfpE
-xfQL



xfNf nhf] lenbf bxf] s]xf]<
-/fLksfPsf]

hGd 3/ 5fLcfszlt/ hfG, afbnsf]
bz 3dLk] kts{cfpE, s]xf]<
-kfgL



p7]; fu/; Dd, ba]uhwDd, s]xf]<
-s0/f]

nx/ftfbf kx/f]ulhG, s]xf]<
-dfLdfy\$]f]

snf]cf\$]f/df ; tf]hGdL, s]xf]<
-bfE



b0{cLf/sf]gfd, pNf]kf/]efG f lg/,
; Nf]kf/]ul/asf]lhp, s]xf]<
-nf\$] / 6fnf]

gbL, gfnf, kfy/L, tfn ; a}5, t/ sgdf
kfgL eg]g/xg] s]xf]<
-gSzf

Pp6f 3/sf]b0{9f\$]f, s]xf]<
-Gfs



dv nfd]kr5/ 5f\$]f] Dj f0{vfp ?G, s]
xf]<
-; xgf0{

Gfs dv s]L5g, t/ tf/sf]e/df afhL
/xG, s]xf]<
-/Bof]





uff vfg|syf

dg rfg|dfon'tL/fit/fit cfp|g\p|hbnf|
xg gkfp|s|g stf hf|Gg,\s|xf|f <
-; kgf



7hf|le/df kfg|sf|s|j|f, s|xf|<
-cf|f



hf|f 5 hf|Lxf|g, ?vdf a:5 r/f xf|g,
s|xf|<
-gl|jn



U|x/f|tnfpdf r|f|sf|af/, sf|xf|<
-bf|f

rf/ yfd b0{kR5/, s|xf|<
-xf|Q

leQf kf/Lss'/ eSg| d|f|d6' bVg| s|
xf|<
-a|b's k8sf|Psf|

n7ofP/ ; Tg| f| ljxf|g p7bf efl5 st|
s|xf|<
-lg|bf

ffid d|f|ltg cf|/sf|z|Ab eg|sfid, k|k|nf|
lens|j:t'a|g| t|f|lens|r/f, s|xf|<
-sfuh

leq hf|f e|f|pg| af|x/ hf|f c3fpg|
s|xf|<
-hQf



tfd|gfn, kmfd|km, s|xf|<
-krfk/

lz/sf|sldnf|g^adf cf|{dof| s|xf|<
-hdf

b|gnf|{glhs|}5 xf|g T|t 6f9f, e|g|
v|f|f ; ls|f|g xG 6f9f 6f9f, s|xf|<
-cfsfz

uff|f|rs6ldf a:g g|x| a; |H|fg|}hf|g|
s|xf|<
-Of|/



Uff|f|5 k|ban xg, ; f|f|5 r|bdf xg,
/l; nf|5 cf|f xg, s|xf|<
-;/ a/L

; fgL; fgL; s|df|{3|df|k|}hf|k|f, sx|f|
a; Ldf|0; \e/ kf|vf n\$, s|xf|<
- lsgf|

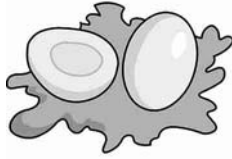
! (



afix / ; g leq rffl, s|xf|<
- s|f



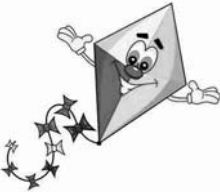
afix / s8f leq ; g 5, lardf rffl, s|xf|<
-pl; g\$]c08f



sf5LgfgL ; fx] ; fgL, sfd ug]p ; sf]afgL
s|xf|<
-sldnf



w|}dffly p85 r/f xffg, nfd]nfd]kR5/
5 ; k{klg xffg, s|xf|<
-rE}f



lbgel / tfsftfs /ftel/ vfkfvk, s|xf|<
-b]f]

; hlj x]efg]sf6bf bVbg, lglh] x]efg]
eg]a9g 5f8bg, s|xf|<
-skfn / gE

rffl h:tf]kn5, ; g h:tf]kn5, s|xf|<
-P}h'

d}sfll6G'd}d5} t lsg ?G; ,s|xf|<
-kfh



; /nf] ?vsf]bl/nf]kft, h&LcfP vft}ft,
s|xf|<
s|f

tfdfsf]ufu]kf ; gsf 6qrf s|xf|<
-kfs\$]v' ; fgL

lsGh]nfp]g, nfpgh]bVbg, s|xf|<
-sfqf]

Pp6f kf] /ldf tlg e0 gfr/x5g, s|xf|<
-38L



cuf8 x]f]b]vG, k5fl8 x]f]5g, s|xf|<
-Pg]f



5fnf tf5]bfE knfp]g] s|xf|<
-l ; fsnd



ART GALLERY





Art by: Anjali Lama



Art by: Sagar Nepali





Art by: Sudip



Art by: Pawan Ghising





kmhs f]/fhf

c; n / cgk ukmubf{ub}au}fdf ku]. Toxfkmx? klg dGf]xNf0{Nf0{s/f ub} lyP . uhfasf]xhf} en}of]/ kln]c; n clg cgknf0{kmhsf]en}kn]D} f0{vfof]. uhfasf]af; gf pglx?nf0{va dg k}of]. pglx? n7k k/] ToxfYrSs a;]. s}L a]kl5 t pglx?n]kmhsf s/f klg a%g yfn].

cfh xfdIn]kmhsf]/fhf s; /LrGf]Tof]; gfpF' egLuhdf]/n]eGof]. xG xG ; gfpGxf] \egLauFfdf /x}f kmx?n]eg].

syf ; gfpG]z}hdf uhdf]/n]eGof] Psk6s kmx?sf]; D}hg eof]. tIgt/ xl/of kx8 / pQ/tk}x}dfnn]3]s}f]gblgfnf / t}n}fn ePsf]/df0n]7f} kfy/f ; D}hgsf nflu 5flgPsf]lyof]. ; D}hgdf u/fF; ; okqL, nfnkft,] uhfa, afx}f; ; sdn, s}L, ux}L, hfxL, hxL, ahL, rd}L, ub}L; ; ö}vL, d]/u}B, nfp/]lnnL, dvdnL ; kf/] c; f/] af/ah,] a}g}l}nof cflb xhf/f}kmx? ehf ePsf lyP . d klg ToxfF6k}Ss ku}f]lyPE





kmx?sf]hd36 by] dflg; x? /df0/x\$ f lyP . cltlysf ?kdf cPsf r/fr?ÈL, ktnL, ed/f, df/L/ uf0g]sL/fx? klg ToxIF/dfpbHyP . ; a\$]cfudgn]kfy/f emg} lemlnL/ /df0nf]ePsf]lyof]. /fts]cW]ldf cfsz / wtK{bà}lj j fxsf ahf ; hfPsf]3/ h:t}b]vPsf lyP . ckmf0{và}/fd]5'eG]kmx? klg To]by] leqleq}nhf0/x\$ f lyP . d t emg`cjs e0; s\$]lyPE

; Ddhgsf]klxnf]; qdf pb3f6g sfoqrd lyof]/ o; ; qdf kmhsf]xs lxtsf af/df 5nkm eof]. ckmf0{s; /Lhufpg]/ hfufpg]dfG.]ktnL/ c?nf0{s; /Lnffofpg] j gauFf b]v a7s, afb]L, rf\$sf7f / d7 dlG/; Dd kmhsf]/fh s; /Lkmfpg] h:tf laifodf w]}5nkm eof]. cltlyn]; km tfsf]zesfdg k\$6 u/].

bf}f]aG ; qdf ljleG sfoqrd / k:tjx? k:tt eP . nfd]5nkmkZrft k:tj kfl/t ul/of]. aG ; qsf]csf]dxTj k0{sf]d lyof]gtf 5fG]sf]d .

pb3fjssf]sf]d ; gufem]lhDdf lnPsf]lyof]. p; n]s6; sf]xhfa6 af:gf 5b} e6f] "ca /fhf 5fG]sf]d ; ? xG ." ; gufefs s/fn]; asf sf]g 7f8f7f8f eP . lgbfPsf hf]. 6f7af7f hlt gtf xg t5f8d5f8`ug{yfn].

; ödvIn]e6f] "d /fhf xG'. d km klg tñ klg xE To; ñ]dñ]/fhf xg kfg' k5{ . ; a} F dnf0{/fhf 5fG cfux ub5'."





syf

u/fn]eGof] “dnf0{/fhf rGxf] \ d t emg gkfnsf]/fi6e km g}xF d kmnf ; f/f kxf8}9sdSs km\$fb]vG .”

sdnn]ky/Laf6 6fpsf]xNfpb}eGof] “bhef0 tyf lbbalxgIx?, /fhf d kf]xgk5{ d Ps}7fPdf ; ldt 5g, kxf8b]v tf/0{ Dd hxfxfFhnfzo, ky/L 5g\ToxfToxfF d km' d kmPsf]5' . d/f]km, km, h/f, 8fF ; a}dfg ; / cG kf0Inf0{pkof]L 5g\ To; h]dnf0{/fhf rGxf] \”

unfan]af:gf rnfP}eGof] “; Gxf] \ /fhf eg\$fb]k] xf] bof xf] bfg xf] / b08 klg . ddf oL ; a}5g\ dnf0{; ah]k] u5g\ dfof u5g\ d d/f cg0foL / OR5sx?nf0{bfg u5{ bML/ ; fefi fermf0{bof u5{ t/ lgodl; t grNg] cg'zi; g udfpghf0{tLv c^s;]sfBn]ryt5{ d ; j q 5' . To; h]dnf0{/fhf 5fGxf] \”

; okqL kf/hft, lnnf, ubffL nfnkft}n]klg cfkm/fhf 5flgg rfx\$fb] lyP . t/ ; 0dV, u/f, sdn / unfan]cf-cf'gf]OR5f / of]otf atf0; s\$fb]pgIx? rk nfu].

kmx? sf]Lst}/ sf]Lst}nfu].
 xbf]}; Ddhgdf kmsf rf/ ; dx eP .
 ; a}cf-cf'gf c8fgdf b]vP . dtbfg
 g]ugkg]dfG\$fb]/fi kmhf klg ; Nsg
 yfNf].

d sXLgaf]Lx]/x\$fb]lyPF; lg/x\$fb]
 lyPF. “d h:t}; a\$fb] s/f ; Gf ud
 vP/ al; /x\$fb]nfnkft}cf'gf /ftf/ftf
 kft xNfpb}eGof] d /fhf xg vfh\$fb]
 5g . - ; a}xF] ; Gxf] \ xfd]nIo
 Psft/ 5, To; nf0{r6Ss 5f8] Pp6f
 gtf 5fG]sddf gafefF xfdLTo:tf]
 kmnf0{gtf 5fgFh; n]xfd] nIo
 k/f ug{; sf] \h; n]; a\$fb]dg lhTg
 ; sf] \hf]; f/e/ ku\$fb]xf] \h; sf
 w]eGf w]}k]hftLxf]pg=.”



@&



nfnkft.}f]s/f g; lsb}kl/hftn]alr}df e}of] "Psbd /fd]s/f, t/ To:tf]km sg xfhf < yxf kptg U

u/fF uDeL/ eP/ cl3 ; }of]. c?x? lhNn k/] cfZr}df k/]. dh]klg s}La%g ; s}f]lyOgF u/fFn]xhf xNnP/ km a; fp}e}of] "w}f gdf}gxf] \ d cf}gf] gfd lkmf]ln5'. To:tf]km x]uhfa U}fdL; a}dn] uhfanfO{/fhf 5gf}."

uhfasf]gfd cfpgl}lQs}; a}h]6fpsf]xNnP/ af:gf 5b}; dyg hgfP . sdn / ; }vIn]klg ccf}gf gfd lkmf]lnb}; dyg hgfP . pglx?n]eg] "7Is xf]. xfdle}bf uhfa g}g}f xg nfos 5 . To; h]x}fdLklg uhfanfO{g}f df5f}."

uhfa dWv k}of]. To; }/fd]erg /fd]b]vof]. p; n]; a}t/ uhfa hn / k/fu 5b} e}of] "dnfO{; a}kmx?n]; j { Ddltn]g}f rg}f}df d ; a}hfO{w}oj fb lbg rxf}5'. d cf}gf]zIQm]EofP; Dd km}sf]xs, xt, Ofht / dfgkl}ti7f a9fpgdf ; w}nflu/xg] 5'. w}oj fb U ; a}kmx? v}zIn]g}f, ufpg / /dfpg yfn]. d klg va gfrF

uhfa cfh ; Dd klg kmx?sf]/fhf /lxcfPsf]5 . uhfanfO{; a}h]/fhf dfg}f 5g\ uhfa ; a}7f}df ; a} /E}df kfO5 . uhfalt/ x}h] uhd}f/n] e}of] "s; f]uhfa /fhf U

uhfan]e}of] "7Is e}of}sfsf, d t ; w}g}; a}kik a}w}x?k}t cfef/L 5'."

s/f ; lg/x}f c; n / cgkn]eg] "uhfa /fhf lh}fj fb U pglx?sf]gf/f ; g} kmx? klg /dfP . ; a}km}n] Ps}f}Laf:gf 5/]. ldl; Psf]af:gn] c; n / cgk c}gl}t eP/ 3/ km}f]. pglx?n]cf}gf ; a}; fy}x?nfO{uhfa /fhf}sf]syf ; g}P .





s f/fgfs f]8/

cfb/0f1o u?nf0{d/f]gd:sf/
; a}nf0{nfu}f]5 s f/fgfs f]8/ .

3/d}a; f}cfd f aaf bfh'ef0 ; a}
3Dgnf0{ghfg' x}aflx/L 7ffdf sj}..

nIf0f b}v f gkb{lg nfUg]u5{c/].
s f/fgfn]ubf}v]/ nfv f}dfG5]d/].
; fa'g kfgIn]ldlr ldlr xft w'g]u/f}.
s f]e8af6 aRgnf0{6f9f 6f9f ; /f}..

?3fv f]sLnfnUg]Hj /f] cfp]o; sf nIf0f x'g
of]s'/f r}bfh'ef0 ; a}]; 'g ..
eI8ef8, kj { d}hf st}klg ghfpm
s f]e8af6 aRgnf0{; fj wfgLckgfpn .

xfr5p ubf{?dfnn]gfs d'v 5f]k].
s f/fgfnf0{9f]s f nuf0 To; }7ffdf /f]Sg].

3/df al; ; lk l; Sg]k9g]u/f}.
s f/fgfnf0{eufpg ; a}cl3 ; /f}..



nIdLji6
ej g]j/Ldf]j= d8lrk/
sIfm*



ns 8fpg

ef\$ d/In|dg{nfu|ns 8fpgn|ubf\$
; as f|dgdflrGtfkVof|s f|fgfn|dbf\$..

; /s f/nf0g}ns 8fpg vfn|s f|fgf; g|8/ 5
gvf|Nbf lg hgtf; a)Efff\$ d/In|d5{..

hx876 cfof|s fle8 Toxf\$ kn|hfG5 <
c|fw|s f|kQf|5g w|}s f|Hofg v|G5 ..

ns 8fpgn|s lt ?j fof|s lts f|Hofg vfof|
o: tf|dxdf/L/fu s x876 cfof|<

c? /fun|d/|kg s f|fgf g}eG5g\
?3fv|s Lnfbf v|Lzs fn|g|d5g\
Nfs 8fpgn|s }hgtf otf g ptf
oxLs f|fgfn|ubf{s }hgtf ef\$ f..

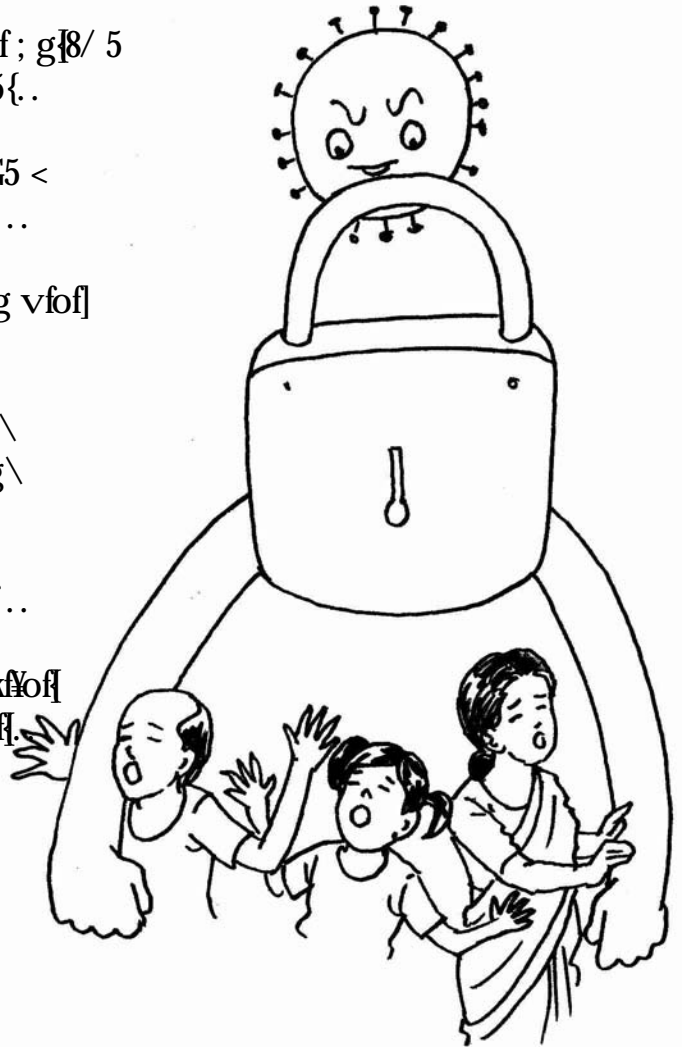
ns 8fpgn|; as f|dgdflbM/ dfq kVof|
ns 8fpg / s f|fgfn|w|}nf0g|dfof|.

o: tf|dxdf/L/fu s; /Lcfof|<
w|}hgtfnf0{s f|fgfn|vfof|..

; fag kfgIn|xft w|P s f|fgfn|5Bq
g 8/fpκ); fyLs xLkg xBq ..

g xffg|agfof|g ?g|agfof|
; fag kfgIn|xft wg|agfof|..

Hft|a|ugL/x\$ of|s f|fgf s f|
ckn|df 5j f5t xg|agfof|..



?3f nfu| }3fLb'vf| }zs fn|ubf{ns f 5g|agfof|
afns / j 4 egg uf3/ / ; x/ k'/zGo agfof|..

s{off lj i6
ejgzj/Lcfw/et lj Bfno
88Nw/f



c; n lj BfyK

Pp6f c; n lj BfyK{xFd, cGwsf/ x6fp5'
c1fgtfsf]h/f]pvf]b}lzlft d agfp5'..

; w}d]f]; fydf xG sfkLclg snd
b}zsf]0Hht hf]ufpg nufpg]5' dnd ..

; Eo clg lzlft e0{a:5'; w}d
; +f/sf lj BfyKsf]lgzfgLxFd ..

To; h]cfpmd ; fgf]lj BfyK H xft ldnfcf-
; f/f b}zsf afnalfnsfn0{lzlft agfcf}..

xFd g}kfn]cfzf klxrfg 5 lj BfyKPs cfd
ug]5' o:tf]sfd h; n]a9g} d]f]zfg ..

snd xf]lj BfyKsf]xltof/, h; n]u5{7hf]sfd
kfzfs 5 d]f]vf; o; n]a9fp5 d]f]klxrfg ..

xFd g}kfn]cfzf l; Sg]xf]d]f]sfd l; sfp]g]xf]d]f]wd{
k9g]xf]d]f]sfd gcfpg]k}zgsf]u5{sfd tdfd ..

cf]zif l3ld/]

lj BfwZj /Ldfw]ds lj Bfno

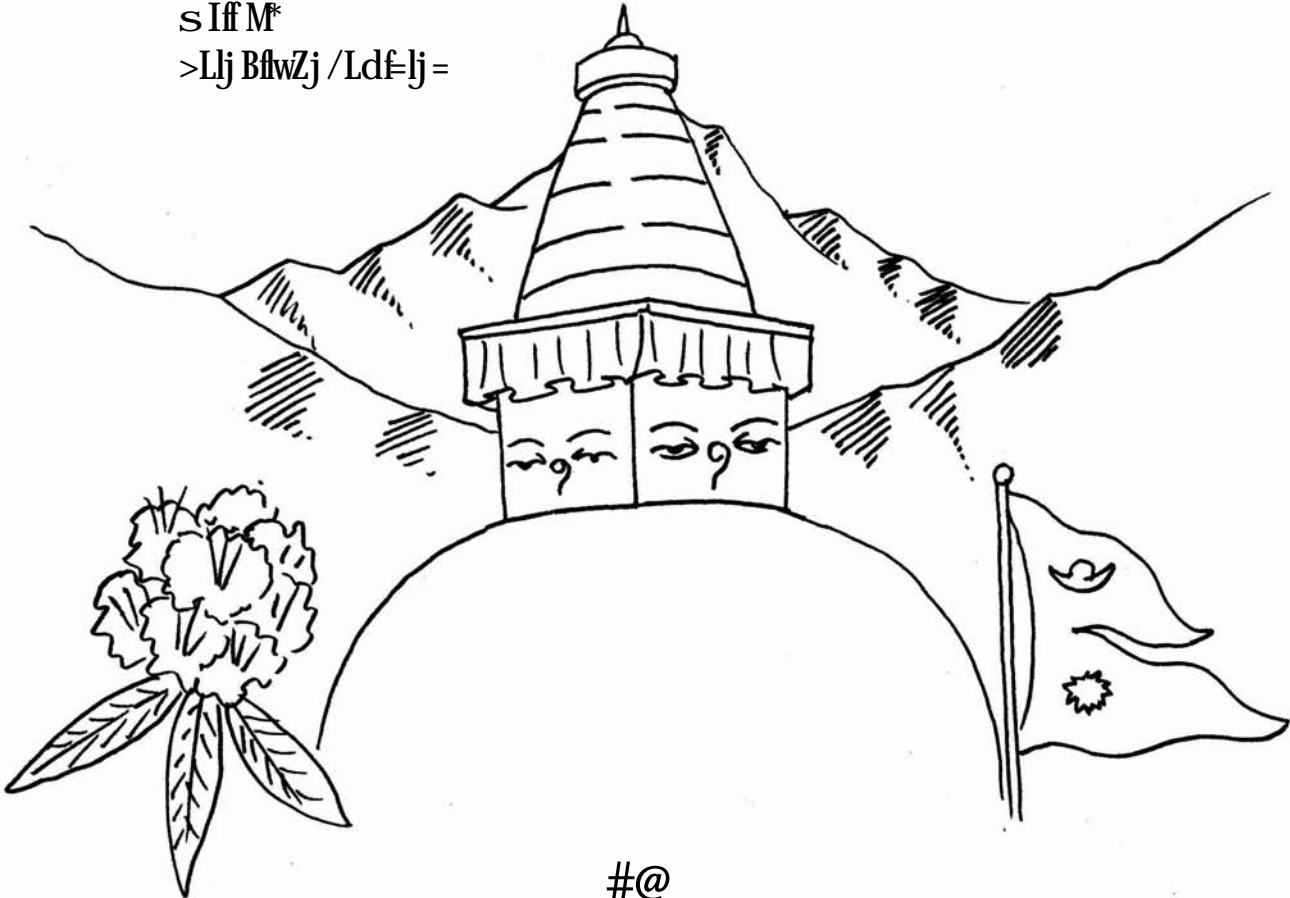
cf->fu nlnk/



d|f|bʒ

5 ; Gb/ of|slt bʒ xfd|
 ; f|bo{gfgf 5 lxdfn /fd|..
 Vff|hf / emgf slt 5g\dxfg
 arf0/fV5' d t :j fledfg ..
 ntf / kikn|; bf dgf|
 htf x|/of|pt}x/fe/f..
 kl/>d|sf s/a4 xftn|
 aGb5 ; Gb/ noj 4 ufgn|..

; #Itf ltd|N; gf
 s If M*
 >Lj BfwZj /Ldf=lj=



hft hftdf eḥefj

; fgf]7hf]hft egL
; dfhdf aḥht u5ff]sg <
xfdln]5ff]sf]vfg egL
xfdlnf0{tn kf5ff]sg <



blnt hft IfqL, afxg
sf6]/ut /ft}cfpḤ .
xfdln]klg ; dfhdf
xfḡ, afḡ kfpḡ'k5{..

kfgL5Ḥ c5t xḠ /]
t/ Ḥ; sf]/Ḥ ablnbḡ .
xfd]klg ayfx? 5g\
t/ s; ḥ]alerbbḡ ..

ufḤ Pp6}af; Pp6}
kḡs sḫL5ḡ o; df .
; fgf]7hf]hftsf]eḥefj
slxn]x6ḡ xdf]bḫdf ..



ej fgLa:gt
>Lgf/foḠLdf= lj, luḍLnlntk/
siffM)

5 fpk8Lkyf

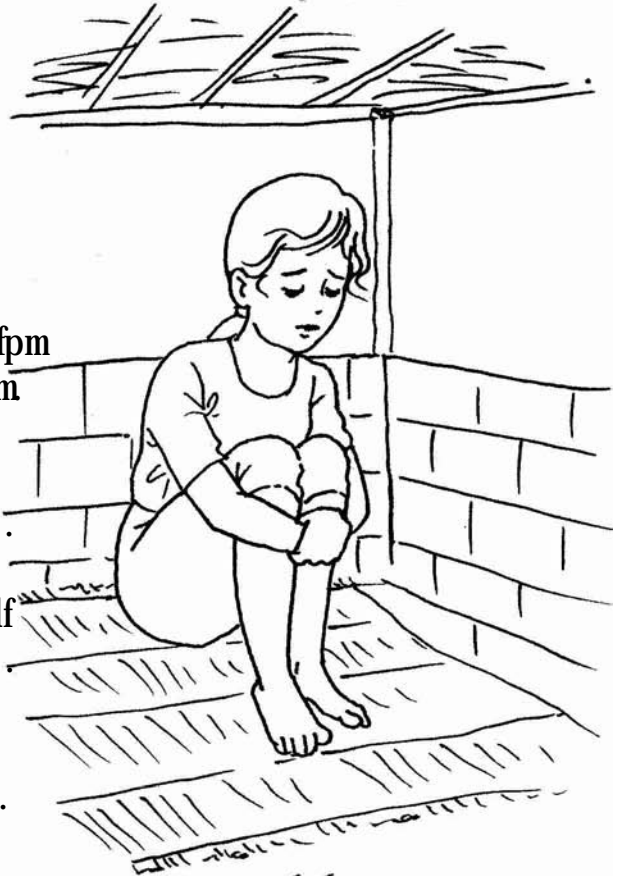
c1fgLcGwsf/ ; #f/nf0|zIffn|d6fpm
5fpk8lsf|nflu ca sXLu/| bYfpm

3fF, kft, jg, vt ; w}wfp5' cdf
5f|LegLxhf u5g dnf0{oxfFcdf .

5fp xg'kfk xg, k\$|tsf|lgod cdf
uf7df xf0g ; /; knf0{ug{nfp cdf .

slndf ljx|u/Lk5tf]5 cdf
o:tf|gxf] \sfdgf 5 xh/nf0{cdf .
5f|Lklg 5f|f h:t}cfFfsf|gfgL
dfsf kfp 5f|Lklg xg ; S5g\1fgL

nIdLe66
e/tk/ dfhj=eSs8f, 88Nw/f
sIfM)





s f/fgf

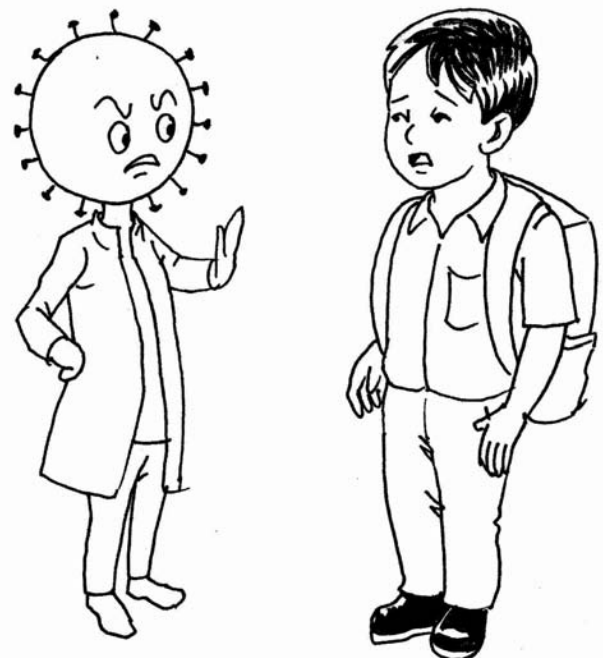
s f/fgf s f/sx/df bM s lts lt
 2uf nfbf 8/ nfu5 bM s lts lt
 klt Ifdf lbg lj Tof; M 5g Tolt
 ; dI4df s lxn kUg bM s lts lt
 ; uGws f dgfx 2 kNg gkpf
 6K l6kLnfbv/LbM s lts lt
 : sh, snh aGb 5g w/}eoflft
 lhTg'kgxf/ eoflbM s lts lt
 xfgLeofldh's df w/}eoflvlt
 s f/fgfn]Hofg hfbM s lts lt
 ; v vffg]cfzf ubfbvkl5 nfu5
 slhP/ a: bfhlg bM s lts lt
 s f/fgfef0/; s f/7hf/l5 ult
 kl; cf/ l/k6{s bfbM s lts lt
 lj 1fgn k\$ lts flj uf/ \$ dlt
 ; /s f/n]xt lefbfbM s lts lt
 s f/fgf s f/pkrf/df klg /fhglt
 pkrf/ gkpf bM s lts lt
 s f/fgf s f/sx/df bM s lts lt
 2uf nfbf 8/ nfu5 bM s lts lt

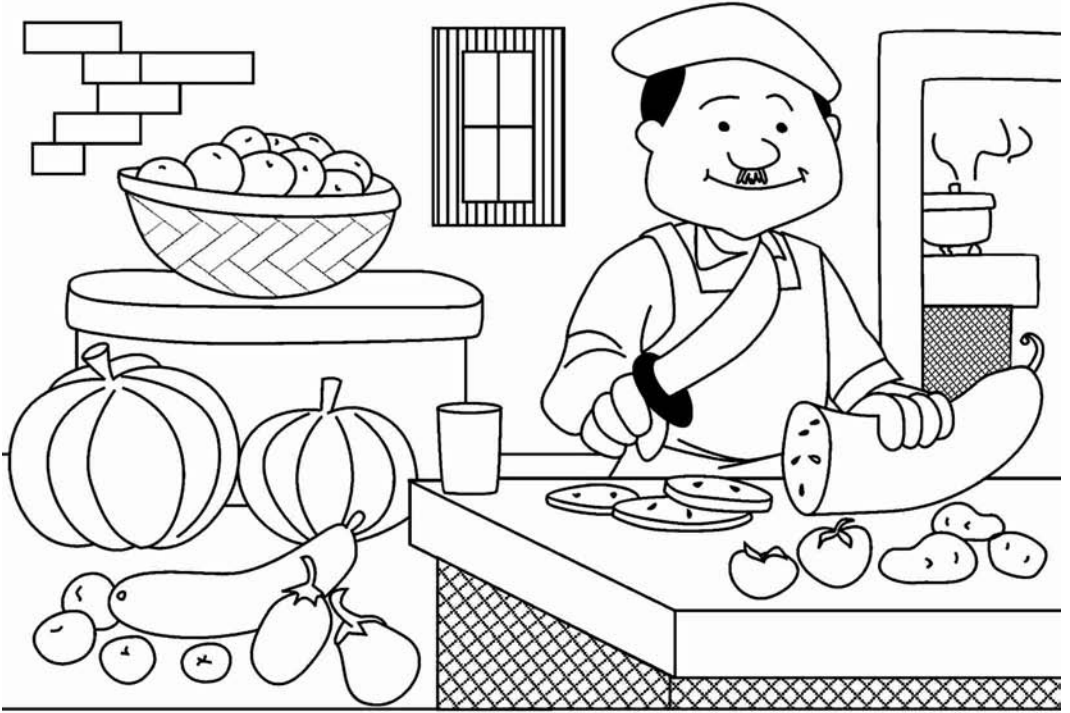
chg kbh
 kj k-c >Lgf/fo0ldfj=
 xfnMzIfs, >Lhgj s f; dfj=
 ufbj /L!#, nlnk/

s f/fgf

; f/el/ khp s fl5 s f/fgf
 x/\$ Ifdf a99\$ dTo'36gf .
 lalub\$ lj Bfyk\$ flj io
 db\$; a}dfg; s f/hfa/ .
 kpb\$ dxdf/L; f/ el/g}
 5g s ; hf0(8/ lx8b)5g\; 8s el/ g} .
 ; ghflj io ablnb\$ cGws f/df
 s fnfjafn 5fb\$ lj Bfyk\$ flhlgdf .

lbkf l3ld/]
 >Lafn dgf/df cf-lj=





WINTER WORD SEARCH



WORDS TO FIND:

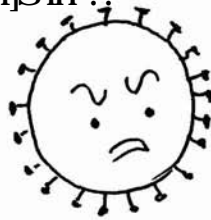




s f/fgf ef0/;

s f/fgf ef0/; cfof]5oxQ/ ; fn
slt dlc5hf0(s f/fgf nlf0f]s lts f]e0f]s fn

d\vd fdf: s nufc]xtdf: oflg6f0h/
ljZj df dxdf/Lcfof]s f/fgf]s f]s x/ ..



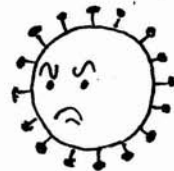
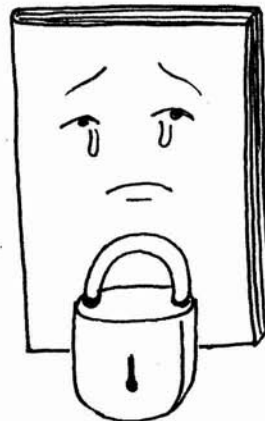
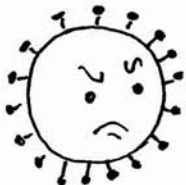
klxn]t rlgdf cfof]s f/fgf ef0/;
d\vd fdf: s nufc]xtdf: oflg6f0h/ ..

s f/fgf]s f s f/Ofn]ubf]zIfdf kYof]c; /
s f/fgf cOfn]of]ljZj e/ 8/ g]8/ ..

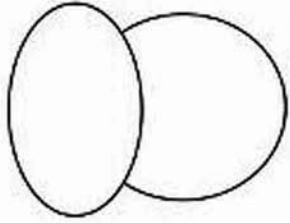
ns 8f]gs f]kng u/ f]af]x/ klg ghfc]f;
eg]s f]; a]h]df]g]w]e]Bdf klg ghfc]f;.



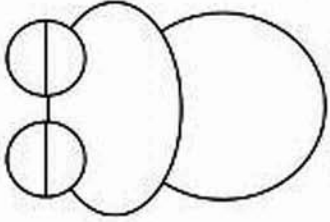
s f]of lj i6
ej gZj /Ldf]j = 88]w/f
s If]M*



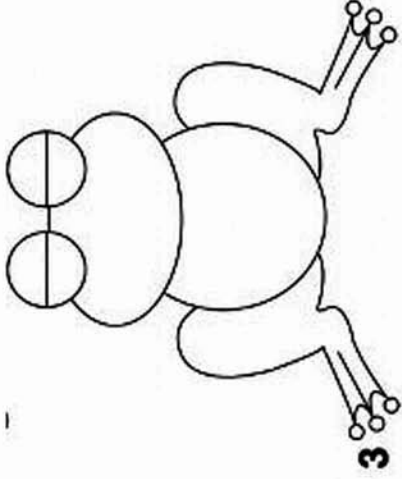
How to Draw Frog



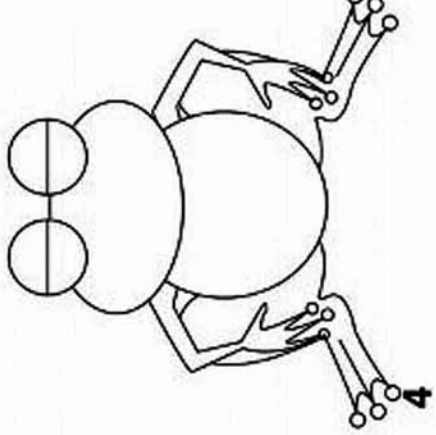
1



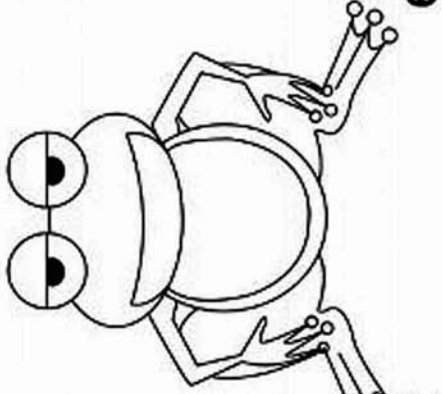
2



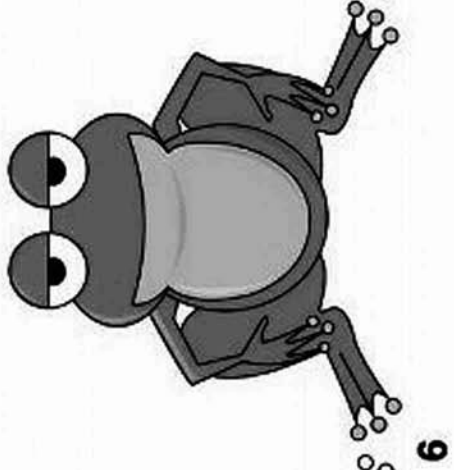
3



4



5



6

afn clws f/ Ū

afns nf0{; s ħ k7f0{zIf 1fg l; s fcf; zIf lb0{afnafnafnf0{1fgLdfG5 }agfcf; .

afns nf0{dfol lb0{/fd}zIf lbcf; /fd}zIf l; s f/ c; n dfG5 }agfcf; .

k9g kfg.]v}Ng kfg}afns s f}clws f/ k9g kfP afnafns fn }; S5 /fd}; Ts f/ ..

afn clws f/ xgg`eP afns c1fgLaG5 c; n e0{k9g kfg} 1fgLdfG5 }aG5 ..

nIdLe66

e/tk/ df}j = eSs8f, 88}w/f sIfM)



s g Aj fFn]hTnf <



Pshgf a9f af ckn]f gflt gflt glnf0{syf ; gfp}lyP .

syf b0] 6f Aj fFsf]em8sf af/df lyof].

syf ; lsPk5 a9f afn]gflt gflt glnf0{eg] ..tLAj fFf?S}h:t}n8f0{xdf]dgleq
 klg . Pp6f Aj fFf]bi6 5 . To]l/; fxf 5, cfl/;]5, nfeL5, 5Rrf]5, lg/fz 5 ,
 c; Gff]L5, 3d08L5, cx4sf/L5 . To; h]To]b'M:L5, To; n]uNtLug{/ k5tfg
 afx\$ hfg\$}5g . Ū

(ltgfltgn]; f]v] ..csf[Aj fFf]rfx]Es:tf]5 lg xh/af < Ū

a9f afn]hj kmlbP, ..csf{rfx]E/df0{hf]5, xE nf]/l; nf]5, zfgt 5, bofn"5,
 k/fksf/L5, bfgL5, pbf/ 5, ; xof]L5, . To; h]To]f]; vL5, To; n]; s] Dd uNtL
 g}ubg / ckn]f6 uNtLe0{fNof]eg]klg To; nf0{:j Isf/ u5{ To; af6 l; S5 . Ū

..clg tldW]sgrfx]E]fFn]lhT5 xh/af < ŪPp6L; fgLgfgln]; flwg\

a9f afn]eg] ..ltdLxdfIn]hg rfnf0{vfg\$/f lbP/ alnof]agf5]To; h]lhT5 ŪŪ

§!



Hidden Pictures

Can you find these things in the big picture?



lṛqdf ; xfpbf/ u e/



gfd M _____ sIf M _____
 lj Bfno M _____

OR5s' lj Bfyk?n]dflysf]lṛqdf ; xfpbf/ u-e/L d]dlxgf leqdf n"lgefMsf]sfodf k7fpgk' kg5 . ; xefuIx? dWdf pTs]6 ; xefuIx? k/:s[ul/g5 . lḡḡ dWdfds tx ; Dlsf lj Bfyk?n]dfq ; xefuLxg kfpḡ5g\



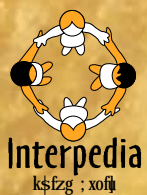
alegri.ruu

of]afn pBfgn0{zIff ; dofgsh / afn ; xeslutdf cf g]n}yg snfn0{;yfg lbg xfdL; Dk0{ef0kxglx?df
 xlb\$ cg/fv ub\$fy. ; fy}zIffdf lj Bfno, lzIfs / cleefj sss]klg leG dt-cledt / ; eufj xg]ePsfn,
 cfufdL cfd f ; Dk0{OR5sx?nf0{cf g]n} /rgf k7f0{; xofh ul/lbgxg cg/fv ub\$fy. lzIffdf lj Bfno,
 cleefj s, lj Bfyk/ lzIfs / lzIffdf sid ug}; ;yfx?sf]eldsf, bl0Tj ; eufj, ugf; fx? / cgéjx? k7fpg
 xlb\$ cg/fv 5 .





PACE Creation



Interpedia
k\$fg ; xof

k\$fgz\$M
n"lgeM afn ; /f\$ / ; d\$
(Loo Niva Child Concern Group)



लू निवा
भारत सरकार समूह